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Lymphatic Drainage Therapy 4 (LDT4) Interstitial fluid release, with applications for edema, venous and viscera Chikly Institute 8/2016

Lymphatic Drainage Therapy 3 (LDT3) Deep Pathways; Viscera, Articulations, Organ of the Sense Chikly Institute 8/2015

Lymphatic Drainage Therapy 2 (LDT2) Pathological Pathways/Manual Lymphatic Mapping Chikly Institute 1/2015

Lymphatic Drainage Therapy 1 (LDT1) Lymphatic Pathways: Anatomical Integrity Chikly Institute 10/2012

CranioSacral Therapy 2 (CS2) Upledger Institute Anaheim 11/2015

CranioSacral-Therapy-1-CS1 Upledger Institute Los Angeles 2/2015

NVMTA: Neural Manipulation: Neuro-Visceral Manipulation of the Thorax and Abdomen seminar. February 8-10, 2014 Barral Institute Los Angeles, California.

Neuromeningeal Manipulation: An Integrative Approach to Trauma (NM1) Barral Institute 9/2013

Neural Manipulation: Brain and Cranial Nerves NM4 5/2013

Peripheral Nerve Manipulation: Lower Body (NM3) Barral Institute 10/2012

Neural Manipulation Review: NM1, NM2 10/2012

Peripheral Nerve Manipulation: Upper Body (NM2) Barral Institute Vancouver 11/2014

Peripheral Nerve Manipulation: Upper Body (NM2) Barral Institute San Francisco 4/2012

Neuromeningeal Manipulation: An Integrative Approach to Trauma (NM1) Barral Institute 2011

VM4 Teaching Assistant Minneapolis 6/2016

VM3 Teaching Assistant Denver 11/2016, Vancouver 11/2016

VM2 Teaching Assistant Los Angeles 8/2015, Toronto 12/2015, Denver 4/2016

VM1 Teaching Assistant Los Angeles 9/2013, San Francisco 5/2014

SCB1: Visceral Manipulation: Strategic Crossroads of the Body 1: Compression of nerves, arteries, veins and lymph canals at fascial and peritoneal crossroads. Barral Institute Palm Beach 7/2016

VVMU: Visceral Vascular Manipulation: Upper Body Barral Institute Palm Beach 3/2016

VVML: Visceral Vascular Manipulation: Lower Body Barral Institute Palm Beach 5/2015

Visceral Manipulation Manual Thermal Evaluation 6 (VM6) three levels of Manual Thermal Evaluation, active and passive tissuloemotional liberation, and psychoemotional liberation. Barral Institute 12/2013

Visceral Manipulation Manual Thermal Evaluation 5 (VM5) the use of Manual Thermal Evaluation to find restrictions and organ dysfunction in the body. Barral Institute 6/2013

Visceral Manipulation Pelvis 3 (VM3) Barral Institute Costa Mesa 11/2014

Visceral Manipulation Pelvis 3 (VM3) Barral Institute New York 4/2013

Visceral Manipulation Thorax 4 (VM4) Barral Institute Vancouver 5/2016

Visceral Manipulation Thorax 4 (VM4) Barral Institute San Francisco 1/2013

Visceral Manipulation Abdomen 2 (VM2) Barral Institute Portland 6/2014

Visceral Manipulation Abdomen 2 (VM2) Barral Institute 9/2012

Visceral Manipulation Abdomen 1 (VM1) Barral Institute 5/2012

Brain 3 (B3): Brain Tissue, Nuclei, Fluid & Peripheral Nervous System, Chikly Institute Seattle 7/2015

Brain 2 (B2): Brain Tissue, Nuclei, Fluid & Reticular Alarm System, Chikly Institute Seattle 11/2014

Brain 1 (B1): Brain Tissue, Nuclei, Fluid & Autonomic Nervous System, Chikly Institute Seattle 11/2013

Listening Techniques 2 (LT2) Barral Institute 11/2013

Listening Techniques 1 (LT1) Barral Institute 3/2015

Listening Techniques 1 (LT1) Barral Institute 4/2013

Fascial Fitness: Remodeling of more resilient (stronger & more elastic) collagen tissue network through adequately tailed exercises. 3 day Robert Schleip 1/2014

MELT Instructor Level 2 Training San Diego 12/2015

MELT Instructor Level 1 Training New York 6/2015
Melt Method hand and foot instructor training 3 day San Diego 1/2015

Smart Spine Workshop: *Scoliosis & Spinal Abnormalities* Marie Jose Blom January 2014
Musculoskeletal Pain Syndromes: The Janda Approach Clare Frank- Cynergy Education Group 2012
Kinesiotaping Beginning, California Education Connection, 2010
Kinesiotaping Intermediate, California Education Connection, 2010
"The Perception of Movement" Hubert Godard & Jane Harrington 6 Movement Credits 42 hours 2001
Rolf Institute of Structural Integration, Boulder, Co. Jan Sultan, Jeff Maitland, Michael Salveson 6 Manipulation Credits February 22-27, 2001
Visceral Manipulation /Rolf Institute of Structural Integration, Didier Pratt 6 elective credits July 9-13, 1998
Rolf Institute of Structural Integration, Boulder, Co. Jan Sultan 14 hours, July 11,12, 1998
Rolf Institute of Structural Integration, Boulder, Co. Jan Sultan 14 hours May 9,10 1998
Rolf Institute of Structural Integration, Berkeley, Ca. Advanced Anatomy, Michael Murphy 21 hours April 23,25 1998
Rolf Institute of Structural Integration, Boulder, Co. Jan Sultan 14 hours March 7,8 1998
Rolf Institute of Structural Integration, Boulder, Colorado and Sao Paolo, Brazil Certified Rolfer, Certified Roling Movement Instructor Approximately 1200 hours Basic Training plus 140 hours Roling Movement.